

Paediatric CARE measure (PCM) – 5Q Information sheet

Why should I fill in the PCM 5Q?

The PCM 5Q asks children and young people what they think about the way their therapist talks with them. The information will be used to help therapists get better at talking with the children and young people they work with.

Please:

1. **Fill in the PCM 5Q.** Please ask if you are not sure about something.

The image shows the PCM 5Q form. It is titled 'PCM 5Q' and 'TalkingMats NHS'. The instructions are 'Please tick, circle or mark the scale'. The form asks 'How was the therapist at...'. There are five questions, each with a face scale from 1 (worst) to 5 (best). The questions are:

- 1... making you feel happy and relaxed (being friendly and caring and making you feel safe)
- 2... asking questions and letting you talk (being interested in you and giving you time to speak)
- 3... listening and understanding (giving attention and knowing the things you find difficult)
- 4... explaining things (answering questions, using you clear information and instructions)
- 5... making a plan (encouraging you, talking about what to do next, involving you as much as you want)

2. Hand in the completed form.

Please note: The PCM 5Q is anonymous. This means you don't have to write your name on the form and no one will know which form belongs to you. Please be honest with your answers.

Notes for supporters:

- Make sure the child or young person knows (s)he is to think about the appointment (s)he has just attended and knows who (s)he is rating.
- Make sure the child or young person understands the face scale before you start
- Make sure the child or young person understands what each question means before answering
- If you think the child or young person's responses were unreliable for any reason, please note this on the 5Q

Thank you for your help