# Assisted Decision Making (Capacity) Act 2015: Embracing the Paradigm Shift

Mary Walsh, Senior Speech and Language Therapist (SLT), HSE CHO 9- St. Mary's Hospital, Phoenix Park, & Aideen Lawlor, SLT Manager of SLT services within HSE CHO 9- DNW & St. Mary's Hospital, Phoenix Park



- **■** Funding from IASLT. **■** New accredited TM trainers to provide quota of subsidised training for **IASLT** members
- Further local TM training on prioritised basis **■** Aim to begin to embed
- TM into practice over time

# TALKING MAT EXAMPLE

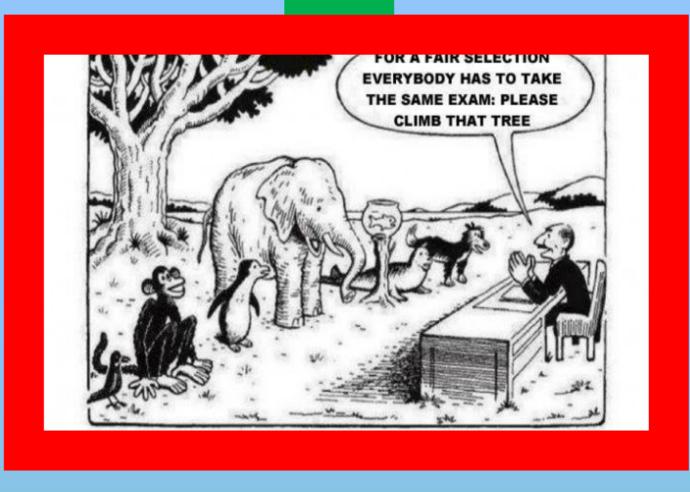
**DECISION ABOUT** MEALTIME PREFERENCE



"The Assisted Decision Making Act 2015 is a major Paradigm Shift which has to work its way through our societal systems..."

**HOW DO WE BEGIN TO EMBRACE THE CHALLENGE?** 





**MATS** (TM)

Award winning communication symbols tool, based on extensive research and designed by SLTs. It uses a space/ mat, topic cards and a top scale to allow the person to indicate feelings about the topic

www.talkingmats.com

#### PHASE 1 PROJECT WHAT SLTS DID

- 6 SLTs trained in TM. Explored TM with persons with dementia
- **Video recorded TM**
- Phase 1 report 2018 has 16 case studies
- All SLTs endorsed TM ■ Report 2018 now available. Contact
- mary.walsh6@hse.ie

# WHAT THE THERAPISTS SAID

allowed team to get more information about her health

like

TM allowed Sheila to talk openly

He asked several questions – not generally!

Clear reference point for conversation

**Encourages** reflective practice

It put the <u>person</u> with dementia in control of the conversation

#### ISSUES ADDRESSED BY THE PROJECT

- Formed mutually supportive group of SLTs
- 2. Explored use of TM **ADMA**
- Person centred care
- **Empowerment of person** with dementia and carers

# **IASLT POSITION STATEMENT 2017**

(on the Role of the Speech and Language Therapist in Assessing Capacity and Facilitating Understanding to Support Decision Making for Adults with Communication Disabilities.)

4.0: SLTs have the necessary skills to participate in capacity assessor training

- Promote awareness of communication needs how best to make communication accessible.
- Support people with complex communication needs to make decisions ...
- Assess capacity as part of MDT
- **■** Support people to understand information.

SLTs also have a unique role in supporting and training other professionals working with speech, language and communication needs

### Dementia Elevator Innovation Award **Winner 2016** .

Empowering Persons with Dementia to Become More Active Participants in Decision Making Related to Their Present and Future Care