

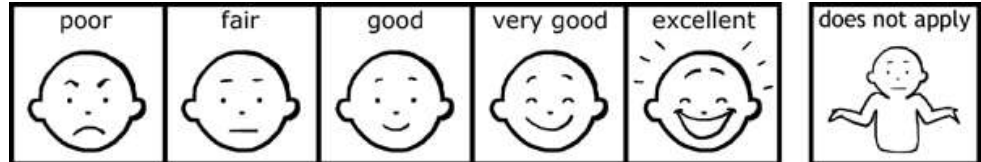
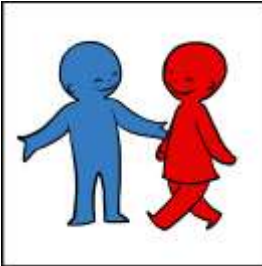
# Visual CARE Measure

Please rate the statements about today's therapy session.  
Put a mark on the scale for each one

## How was the practitioner at..

### 1... making you feel at ease

(being friendly and warm towards you)



### 2... letting you tell your 'story'

(giving you time to fully describe your illness in your own words)



### 3... really listening

(playing close attention to what you are saying)



### 4... being interested in you as a whole person

(asking/knowing relevant details about your life, your situation)



### 5... fully understanding your concerns

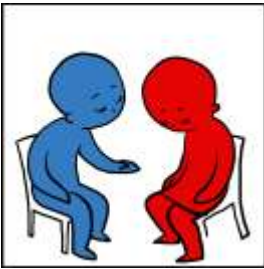
(communicating that he/she had accurately understood your problems)



# Visual CARE Measure

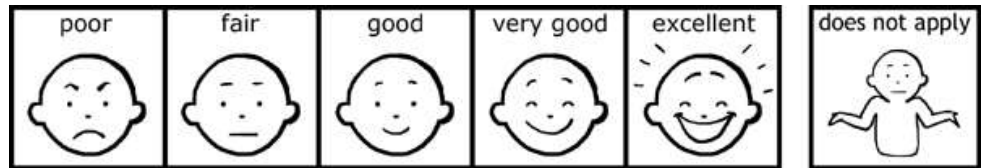
## 6...showing care and compassion

(seeming genuinely concerned )



## 7...being positive

(having a positive approach and positive attitude)



## 8...explaining things clearly

(fully answering your questions, giving you enough information)



## 9...helping you to take control

(exploring with you what you can do to improve your health yourself)



## 10...making a plan of action

(discussing the options, involving you as much as you want)

