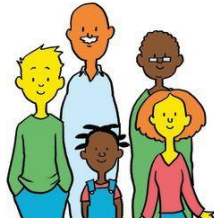
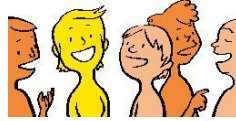


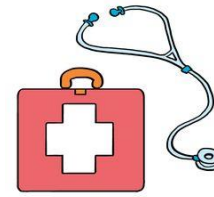
Talking Mats Reflecting on Lockdown Set – July 2020



Family



Friends



Health



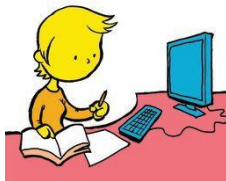
Food



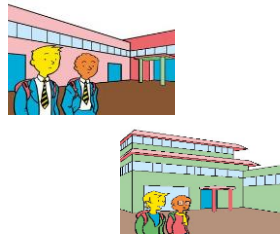
Exercise



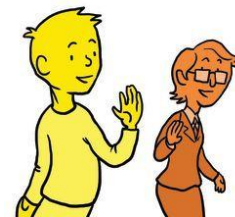
Activities



Work



School/ College



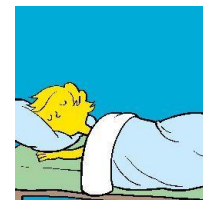
Social Distancing



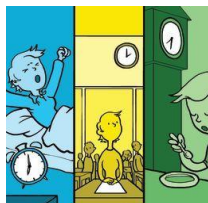
Shopping



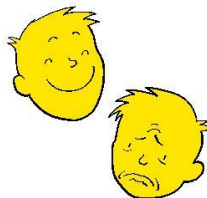
Social Media



Sleep



Routines



Mood



Trying New Things

For more information about Talking Mats please visit www.talkingmats.com. We recommend accessing Talking Mats training to ensure effective and consistent use of these symbols.

The Symbols are designed and © to Adam Murphy 2020 and assigned to Talking Mats Ltd. in perpetuity. They may not be reproduced without permission.